

PERFECT SWEET POTATO CHIPS



Sweet Potato Chips

This isn't really a "recipe" as such. Just the method of making chips that are super crunchy and delicious that we use so we've called them our perfect sweet potato chips.

Ingredients:

5 medium sized sweet potatoes (the purple ones seem to work best but orange fine too.

2 tablespoons of coconut oil (or another fat – lard or olive or macadamia oil for example).

What To Do:

1. Preheat the oven to 130 degrees celsius.
2. Slice the sweet potatoes with a mandolin slicer – carefully!!!
3. Place all the potatoes in a large bowl.

