

## ABOUT OUR FAMILY



*Me & Dom.*

ME:

Hi there! **I'm Claire!**

One of those slightly crazy totally passionate mummy bloggers who believe they really can make a difference in the world. How? By inspiring and supporting parents in **making real**















## MY HUSBAND:

It's fair to say **Stuart's** more a "KFC is paleo right?" kind of guy. So while I'm doing 80:20 (or more like 90:10) he balances things out with more of a 50:50 approach. He really doesn't want to hear about why I consider whole grain bread to not be a health food. But... I'm going to convert him - yes I am! You can check out the trials and tribulations of my biggest "home improvement" mission of all: [Project "H"](#) (a.k.a. the husband conversion project). And yes he has seen this intro. Game on!



